

**CRESCENT SAIL YACHT CLUB [crescentsail.com](http://crescentsail.com)**  
**Junior Sailing Program**  
276 Lakeshore Drive  
Grosse Pointe Farms, MI 48236

March 10, 2010

Dear Junior Sailors and Parents:

Enclosed are program guidelines and registration forms for Crescent Sail Yacht Club's 2010 Junior Sailing Program. Please review the entire packet. If you have questions, please contact Barbara Seski at (313) 881-2334, [bseski@comcast.net](mailto:bseski@comcast.net) or Ann Pytell (586) 790-2063, [fs713@netzero.net](mailto:fs713@netzero.net)

Please note:

- New Regatta Schedule – Please see calendar on the Crescent website
- Please send separate checks for payments made to CSYC and CSA
- IF you apply after May 1<sup>st</sup>, you may not receive a T-shirt since the order will be placed by that date
- DO NOT mail checks or applications to CSYC
- New sponsored applicants must have a sponsorship letter completed with their application
- CSYC will pay all DRYA fees, but U.S. Sailing fees are the sailor's responsibility. To compete in the Sears, Bemis, or Smythe qualifiers, you must be a member of US Sailing. Register online at [ussailing.org](http://ussailing.org)

For Registration to be complete, please send the following to:

Barb Seski  
121 Merriweather Rd  
Grosse Pointe Farms, MI 48230

- completed registration form
- mooring application (if you will be sailing your own Laser or Optimist)
- Insuring Agreement
- medical data form
- sponsorship letter
- 2 checks (one to CSA and one to CSYC)

**All of this information must be received by April 10<sup>th</sup>, 2010.**

Current Junior members returning the application materials within the time frame have priority placement in the classes. New applicants will be considered on a received date basis. Please do not send your application via Federal express or registered mail. **I will not** retrieve these packages from the Post Office or Fed Ex office.

Remember, volunteering is important and expected as this is a co-op club! We need a variety of talent and will contact you once your class registration is confirmed. Crescent is hosting our DRYA regatta on August 4 and 5<sup>th</sup> and we need your help.

Sincerely,

Barbara Seski and Ann Pytell  
Junior Program Co-Directors

## 2010 JUNIOR SAILING PROGRAM CRESCENT SAIL YACHT CLUB

### GENERAL INFORMATION

The Crescent Sail Yacht Club Junior Program is available to the children of CSYC members, and children of non-members sponsored by a CSYC senior member. The Junior Sailing Program is designed to provide sailing for all abilities, from beginners through competitive racing. Children are first eligible for Junior Membership the year they turn 9 until their 21<sup>st</sup> birthday. Junior Members may participate in the Detroit Regional Yachting Association (DRYA) Junior racing program from age 9 through the year they become 18. A "sponsored" Junior must participate in the sailing classes his/her first year of membership.

### DUES

All Junior Members are required to pay membership dues each year, whether or not they enroll in the sailing program to qualify for Senior Membership at CSYC. The dues include Junior membership at CSYC, use of Club-owned boats (qualified sailors only) and the monthly CSYC e-newsletter, The Breeze.

### WORK HOURS

- As with senior members, Juniors are expected to spend a minimum number of ten (10) hours working on club facilities, boats and events.
- All Juniors, including beginners, must attend the first work day on Wednesday, June 23, 9:00-12:00. Lunch will be provided. There will be class in the afternoon.

### INSTRUCTION

Students learn from US Sailing certified instructors who have American Red Cross First Aid and CPR training. The curriculum is developed from the US Sailing Certification Series, the national standard for quality sailing instruction. **Boat maintenance will be an integral part of the sailing classes this season. Racing students will be expected to properly rig, repair and maintain boats on a regular basis. Beginners will focus on proper stowage of equipment.**

### TRAVELING TO REGATTAS

The instructors are available to coach your child at out of town regattas. Please agree on payment (transportation, time, lodging, etc). prior to leaving town. If there is a coaching fee assessed by the hosting regatta it is the parents, not the instructor's responsibility. Travel regattas are not arranged by the Junior program; parents and coaches make all arrangements.

### SAFETY

All Juniors must provide and wear a properly secured, Coast Guard approved life jacket (without collar) any time they are in the Junior sailing area, on the docks or in a sail or powerboat, in other words, **at all times**.

**Required Swim Test.** In order to participate in the program, Juniors must pass a swim test administered by the instructors. All swim tests will be on June 21<sup>st</sup>, the first day of class. Come prepared and bring your towel.

During class, Juniors will learn how to capsize and bring their boats upright. Each Junior will become not only proficient but also comfortable with the practice of "righting" their boat early in the sailing program.

## **ATTENDANCE**

- If a Junior is to miss a class, the parent should contact an instructor or leave a message at the club.

## **EXPECTED BEHAVIOR**

They are also expected to exhibit good behavior at all times. Improper behavior in sailing presents opportunities for injuries to people and damage to equipment. It also detracts from the learning experience for the rest of the kids.

- Parents will be contacted if improper behavior is a continuous problem and asked to assist in correcting the behavior. If improper behavior continues, the Junior sailor will be asked to not return for a determined amount of time or for the duration of the program. The instructors must be on the water with the classes and cannot supervise your child on land if their behavior is prohibiting them from participating in class.
- **ALL Junior Sailors are expected to treat the property of hosting clubs with respect!!!!**

Senior members not only finance CSYC, but also spend many hours improving and maintaining the Club facilities and grounds. A strong sense of personal involvement exists at CSYC and abuse of the Club will not be tolerated.

## **NO TOLERANCE POLICY**

CSYC has a "NO TOLERANCE POLICY" with regards to Junior members who are found to possess or use alcoholic beverages, tobacco, illegal drugs or fire arms on the CSYC grounds, during a regatta where the Junior member is representing CSYC, or at any "carbo" party. The Junior member(s) will be removed from the sailing program and will have their membership reviewed by the Board of Directors. **"Potato launchers" are not allowed on the grounds during class or regatta hours.**

## **CLUB FACILITIES**

Juniors may use shower facilities and are expected to keep them clean. They may also use the galley and dining room, but are required to wear dry clothing, including shoes and a shirt while inside the Club. Proper behavior in the dining room is especially important. Juniors are also expected to keep the grounds free from litter. There will be a time set aside at the end of each class to clean the area.

## **GUEST PRIVILEGES**

Juniors are encouraged to invite their immediate family to be their guests at the Club during class time, and especially during the Junior regatta and for other Junior events. They are limited to one "peer" guest at any one time.

## **CLUB-OWNED BOATS**

420/FJ Junior sailors will be responsible for rigging and de-rigging, proper stowage of sails, equipment and hardware for these boats. Accidental damage to a boat or equipment breakage is unavoidable with new sailors. Any equipment failures or breakage should be reported to the instructor so those repairs may be made. Perpetual loss of equipment will become the responsibility of the student.

## **LEASED OPTIMISTS**

The club owned Optimists will be leased to Juniors for the season. It is the responsibility of the parents to maintain the boat in working order and to return the boat in equal to or better condition than the beginning of the season.

## **SAILING REGULATIONS**

Juniors who have participated in the sailing program and are qualified, approved by the program director, may sail the 420/FJ boats on his or her own time. Sailing club-owned boats is only permitted when:

1. Two or more boats sail together and keep in close proximity to each other.
2. A Senior Member who is a qualified workboat operator observes the sailing activity and is prepared to render aid if necessary.
3. Sailing is limited to the area bounded by the Grosse Pointe Farms Pier, the Grosse Pointe Club and the ship channel markers #3 & #9. Sailing Hours are 9:00 a.m. to sunset.

## **JUNIOR SAILING BOATS**

**FJ and 420/420 JAM** - Crescent owns its own fleet of Club Flying Junior (FJ) and Club 420 sloops. Juniors between 12 and 18 years of age are eligible for either the instructional "learn to sail" or racing program in these boats. The FJ and the 420 are "double-handed" boats equipped with main, jib and spinnaker. Experienced racers will compete in the 420 fleet using a trapeze and spinnaker. The 420 JAM (Collegiate) fleet, which replaces the FJ in DRYA regattas, is for beginning racers. The FJs are used for the Learn to Sail Program only.

**Optimist** - Juniors between 9 and 14 years of age may participate in the Optimist sailing program in which the Junior will learn to sail and race the Optimist pram. **The Junior sailor must provide this boat.** CSYC has a limited number (7) of Optimist prams available for lease to children of CSYC members for the Junior's first year in the program only. These optimist sailors must provide their own boat for subsequent years.

**Laser** - CSYC also offers an excellent Laser program for Full rig and Radial rig sailors. Again this season, the 4.7 rig will be included in DRYA regattas. The 4.7 skipper's weight range is 100-120 lbs. Sailing and some racing experience is required to be in any of the Laser fleets. The Junior sailor must provide their own boat.

**Mooring of Junior - Owned Boats** - Included with the registration materials is a dry mooring application, which must be filled out by every Junior sailor who sails his own Optimist, Laser, or 420 and has not submitted an application to the Fleet Captain. A list of all dry moored junior boats is turned into the mooring fleet captain. Summer dry mooring begins in April after workday until mid-November. The boat must off the property or you will be charged for winter storage. It is recommended that all components of privately owned boats be labeled.

## **SAILING CLASSES**

**FJ Learn to Sail** – There will be 2 sessions of the FJ "Learn to Sail" Program. Session 1 will run for 3 weeks starting on June 21<sup>st</sup> and ending on July 9<sup>th</sup>. Session 2 runs for 4 weeks and will start on July 12<sup>th</sup> and will end on August 13<sup>th</sup>. There will be no class the week of July 19<sup>th</sup> (Mackinac week) and no class August 4<sup>th</sup> - 5<sup>th</sup> (Crescent's regatta). Sailing classes are held from 12:30 to 4:00 p.m. Monday thru Friday. **At the instructors' discretion, Learn to Sail participants can be invited to race in the 420 fleet.**

**Racing 420/420 JAM/Laser** - The CSYC advanced racing program is a seven (7) week program designed for the serious racer sailing in the 420/Laser. Beginning June 21<sup>st</sup>, classes are held from 8:30 a.m. to 4:00 p.m., Monday thru Friday. The program will end August 13<sup>th</sup>. The Team participates in DRYA Junior Regattas according to the published schedule. Our racers are also able to compete for the various U.S. Sailing Junior Championships (if they qualify). Use of the 420 double-handed boats will be based on sailing experience and **most importantly, attitude and upkeep of racing boats.** There will be no class the week of July 19<sup>th</sup> (Mackinac week)

**Optimist Green** - This class is for the brand new sailors under age 12. The emphasis for this group is being able to sail a small sailboat safely and independently in a fun environment. Racing is not emphasized with this group of sailors. There will be no class the week of July 19<sup>th</sup> (Mackinac week). Sailing classes are held from 8:30 a.m. to 12:00 p.m. Monday thru Friday beginning June 21<sup>st</sup>.

**Optimist Green Racing** – For first year racers. Sailors in this class can sail an Optimist around a course independently. This class will introduce the sailor to racing. Classes are held Monday thru Friday from 8:30 a.m. to 12:00 p.m. beginning June 21<sup>st</sup>, and ending August 13<sup>th</sup>, a total of seven (7) weeks. Opti sailors may participate in DRYA regattas. There will be no class the week of July 19<sup>th</sup> (Mackinac week).

**Red/White/Blue Opti Racing** – This class is for the experienced Optimist sailors who have completed one year of Green fleet. Classes will be held all day Monday thru Friday 8:30 a.m. to 4:00 p.m. beginning June 21<sup>st</sup> thru August 13<sup>th</sup>. There will be no class the week of July 19<sup>th</sup> (Mackinac week).

**NO CLASSES THE WEEK OF MACKINAC – July 19<sup>th</sup> – 23<sup>rd</sup>**

**2010 CSYC JUNIOR SAILING PROGRAM**  
**Crescent Sail Yacht Club**  
 276 Lakeshore Drive, Grosse Pointe Farms, MI 48236

**APPLICATION FOR JUNIOR MEMBERSHIP/PROGRAM REGISTRATION**

Junior's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Male \_\_\_ Female \_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ Cell \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ CSYC member, Yes \_\_\_  
 No \_\_\_

\*If sponsored, Sponsor's Name \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

**FEES Please write two separate checks**

**CSYC Check:**

**Annual Membership Dues:**

Parent Member: \$ 110.00 Sponsored Junior: \$ 190.00 \_\_\_\_\_ CSYC

**Mooring Fee** \$70 Opti \$70 Laser rack \$194 Laser ground \_\_\_\_\_ CSYC

CSYC total \_\_\_\_\_

**CSA Check  
 Program Costs**

Class Preference	Parent Member	Sponsored	_____ CSA
_____ Optimist Learn to Sail	\$ 425.00	\$ 573.00	
_____ Optimist Green/Green Racing	\$ 425.00	\$ 573.00	
_____ Optimist Red/White/Blue Racing	\$ 535.00	\$ 700.00	
_____ FJ/Learn to Sail Session 1	\$ 300.00	\$ 390.00	
_____ FJ/Learn to Sail Session 2	\$ 360.00	\$ 468.00	
_____ 420/420 JAM Racing	\$ 728.00	\$ 948.00	
_____ Laser Racing	\$ 617.00	\$ 838.00	

**Club Optimist Leasing Fee** \$ 288.00 (includes \$70 dry mooring fee) \_\_\_\_\_ CSA  
 (Seven boats are available for CSYC member children first. Reservation of boats can only be done with your application and check – first come, first serve.)

**T-shirt:** (adult sizes, circle one) XS Sm Med Lg XL \_\_\_\_\_ Included in class fee  
 Additional shirts are \$15, please list size and quantities \_\_\_\_\_ CSA

CSA total \_\_\_\_\_

**Refund Policy:** A full refund of class fees, membership and mooring will be given up to **and including May 11, 2010**. From May 12-May 31, 2010 1/3 of the class fees, total mooring and membership fees will be refunded. After May 31, 2010, refund of mooring and membership fees only.



CRESCENT SAIL YACHT CLUB  
2010 Summer Dry Mooring Application

NAME: \_\_\_\_\_ Phone Res. \_\_\_\_\_

ADDRESS: \_\_\_\_\_ Phone Bus. \_\_\_\_\_

BOAT CLASS: \_\_\_\_\_ HULL COLOR: \_\_\_\_\_

For information governing mooring application requirements, mooring assignment procedures, mooring refund procedures, or mooring regulations, please refer to the current Crescent Sail Yacht Club Regulations and Procedures.

**2010 Dry Mooring:**

Laser - \$70 Rack, \$194 Ground \$ \_\_\_\_\_

Opti - \$70 \$ \_\_\_\_\_

**Total:** \$ \_\_\_\_\_ *Check to CSYC*

If mooring is allotted to me, I agree that such space shall be subject to the continuing approval of the Board of Directors. For any failure to observe the regulations or other rules, which in their opinion justifies such action, The Board of Directors may require me to remove my boat from the premises on 10 days notice. The Board shall be the sole judge of what reimbursement of mooring fees if any, I am entitled to. I understand and agree with, the safety of my yacht, including but not limited to mechanical failure, fire, theft, vandalism or damage from acts of God, which includes all elements. I have read, understand, and will comply with all regulations and procedures of CSYC as well as the above. Boats must be removed from the premises by Nov 15, 2010.

Signatures of all owners are required.

\_\_\_\_\_  
DATE; \_\_\_\_\_

(If your child requires the use of a dolly, they must have permission from the person it is borrowed from. Boats can not be stored any other way than in the rack, unless you pay the additional fees.)



**MEDICAL CONSENT FORM**

Each participant must complete and sign a copy of this form. Please fill it out completely. Incomplete forms will not be accepted. *Mail this form postmarked no later than \_\_\_\_\_.*

NAME OF PARTICIPANT: \_\_\_\_\_

NAME OF PARENT OR GUARDIAN (if under 18) \_\_\_\_\_

In the event of accident or injury to myself, my spouse or any child of mine (specifically including my child if named above as the "Participant") or in the event of illness of myself, my spouse or any child of mine while in, on or about the premises of the \_\_\_\_\_ Yacht Club or while participating in any activity sponsored by or under the auspices of the \_\_\_\_\_ Yacht Club under circumstances where I am physically unable to consent or am not present:

- 1. I hereby voluntarily consent to the furnishing to myself, my spouse or any of my said children of such medical care, attention and treatment by any hospital, physician or physicians as such hospital, physician or physicians may deem necessary or advisable.
- 2. I authorize the General Manager, Assistant General Manager or any officer or member of the \_\_\_\_\_ Yacht Club to consent to such medical care, attention or treatment.
- 3. I agree to pay all costs of such medical care, attention or treatment and to hold free and harmless of and from any and all liability for such cost the \_\_\_\_\_ Yacht Club, the United States Sailing Association and the officers and members of each.

I, the undersigned, do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the general or specific supervision of any member of the medical staff or of a dentist licensed by the State of \_\_\_\_\_ or of any hospital holding a current operating certificate issued by the State Department of Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

Signature: \_\_\_\_\_

Parent/Guardian Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

**IN CASE OF EMERGENCY CALL:**

NAME	RELATIONSHIP	PHONE NUMBER

**PHYSICIAN WHO CONDUCTED YOUR MOST RECENT PHYSICAL EXAMINATION:**

NAME	PHONE NUMBER	DATE OF LAST EXAM

HEALTH INSURANCE CARRIER	INSURANCE ID NUMBER



MEDICAL AND EMERGENCY INFORMATION

Competitor's name: \_\_\_\_\_ Male \_\_\_\_ or Female \_\_\_\_
Address: \_\_\_\_\_
City/State/Zip: \_\_\_\_\_
Telephone \_\_\_\_\_(home) \_\_\_\_\_(Emergency cell) Date of Birth: \_\_\_\_\_

THE PARTICIPANT AND/OR THEIR PARENT(S) MUST RESPOND TO THE FOLLOWING QUESTIONS AS ACCURATELY AND COMPLETELY AS POSSIBLE:

Please check those that apply: (Provide necessary details below)

Table with 4 columns: CHRONIC AILMENTS, (checkbox), ALLERGIES, (checkbox). Rows include: ASTHMA, OR OTHER RESPIRATORY PROBLEMS; DIABETES OR HYPOGLYCEMIA; HEMOPHILIA, OR OTHER BLEEDING PROBLEMS; CIRCULATORY OR HEART PROBLEMS; EPILEPSY/ SEIZURE; OTHER. Allergies include: MEDICATION (please list below); LATEX; BEE STINGS/INSECT BITES; IF YES, DO YOU CARRY AN EPIPEN?; FOODS; OTHER.

DATE OF LAST TETANUS/ DIPHTHERIA/ TOXOID SHOT: \_\_\_\_\_

CURRENT MEDICATIONS AND DOSAGE IF ANY: \_\_\_\_\_

DETAILS: \_\_\_\_\_

PLEASE MAKE SURE YOU HAVE FILLED IN ALL THE NECESSARY INFORMATION
If any of the above mentioned information changes before or during the event, please submit in writing all pertinent information to the regatta chairperson.

Mail this form no later than \_\_\_\_\_ to:
\_\_\_\_\_ Yacht Club
Attn: \_\_\_\_\_